

Table of Contents

Journal of Excellence Mission Statement	3
Articles	
Introduction to Journal 8	
Executive Coaching: An Overview of the Path Ahead	4
James Kendrick and Terry Orlick, Canada	
Essential Ways That Coaching Can Help Executives	7
Robert Witherspoon and Randall P. White, USA	
Leadership Development: Try Feedforward Instead of Feedback	15
Marshall Goldsmith, USA	
The Coach as Theatre Director	20
Cathy Rose Salit, USA	
Mental Strategies of Elite Mount Everest Climbers	42
Shaunna Burke and Terry Orlick, Canada	
Lessons Learned from Graduate Students' Early Consulting Experiences	59
Jessica Fraser-Thomas, Kelly Doell, Louise Friend, James Galipeau, Alex Lamontagne, Kristin Marvin and Paul Sealy, Canada	
Editorial Statement	67
Instructions to Contributors	67
About ISMTE	68

All files are in PDF format.

If you do not have Adobe Acrobat, you can download it free at: [Adobe's Site](#).

All information is copyright protected and is provided for individual use only.

Please forward your questions or comments to: Journal@zoneofexcellence.com