

Initiatives Sponsored by the ISMTE

Journal of Excellence

ISMTE sponsors the publication of the on-line Journal of Excellence, which is devoted to nurturing excellence in all human endeavours – excellence in performance and excellence in living.

The biannual internet based Journal of Excellence is applied in orientation, relevant in content, and wide-ranging in application to a variety of performance disciplines and real world applications.

Certification as a PRO Mental Training Consultant

ISMTE offers an Internet-based Advanced Program on Mental Training and Excellence (PRO). The program consists of 21 credits leading to certification as a Mental Training Consultant. For more information, visit our web site at: www.ismte.com/

Mental Training Forums, Symposiums and Workshops

ISMTE offers workshops, forums and symposiums for performers, coaches and consultants. Participants share their experiences and gain from collective wisdom.

The World Congresses

ISMTE hosts a World Congress on Mental Training and Excellence every 4 years.

The first was held in Sweden in 1991, the 2nd in Canada in 1995, the 3rd in the USA in 1999 and the 4th will be held in St. Petersburg, Russia in 2003.

The World Congress provides a forum for people from around the world to share their knowledge and practical insights, related to Mental Training and Excellence. Many applied presentations and practical workshops are offered by leaders in this field.

When you subscribe to the Journal of Excellence you automatically become a member of ISMTE. The cost is \$34.95 US / \$44.95 Cdn per year. For further information email: ismte@rems.net or fax: 1-819 827 2652.

Members receive two new on-line issues of the Journal of Excellence, as well as all back issues, and information on the World Congress and mental training courses.

Upcoming 2003 ISMTE World Congress

For Information on the **2003 ISMTE World Congress** on Mental Training and Excellence in St. Petersburg, Russia, July 5-10th visit <http://www.siu.nu/ismte.htm> or <http://www.siu.nu/ismte2.htm> or email: korotkov@mail.admiral.ru or email: bundzen@mail.ru